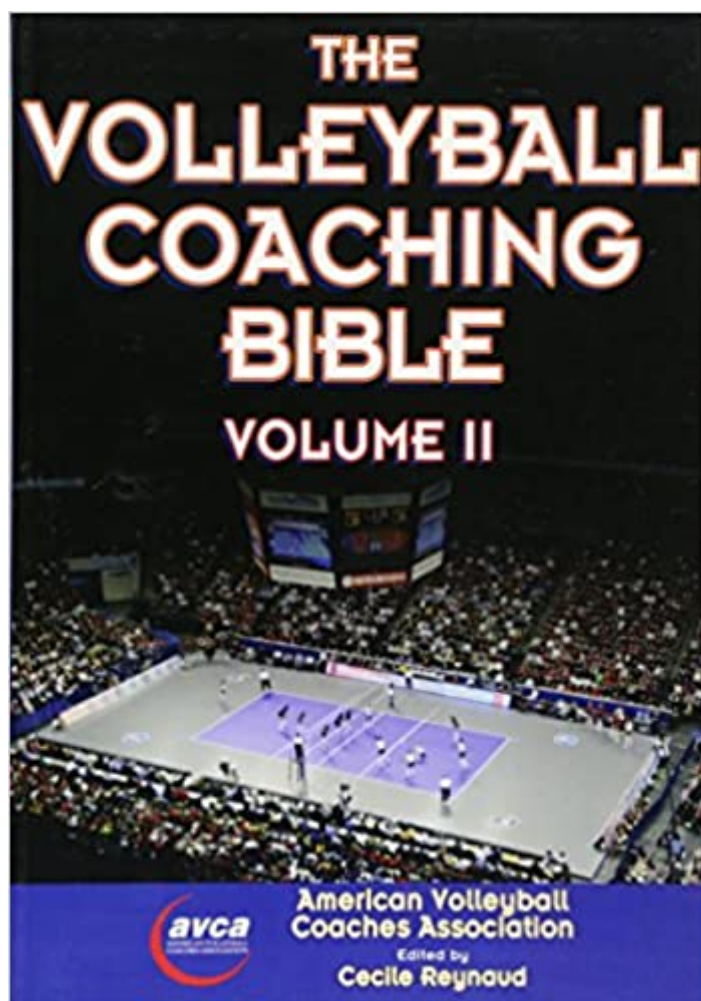


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# Volleyball Coaching Bible, Volume II, The



## Synopsis

Building on the success of the first volume of The Volleyball Coaching Bible, the American Volleyball Coaches Association (AVCA) brings you The Volleyball Coaching Bible, Volume II. Featuring contributions from 20 of the top volleyball minds in the game today, this resource will help you build your program, shape and improve your team, and sharpen your coaching skills in key areas such as these:

- Building and managing your program
- Developing players' skills by position
- Establishing and implementing match strategy
- Training and conditioning athletes
- Offensive tactics
- Scouting and analyzing opponents
- Evaluating statistics and using them to your advantage
- Planning practices

The Volleyball Coaching Bible, Volume II presents the drills top coaches use for developing players at each position and offers insights on in-game strategies for various match situations, including strategic serving, defensive schemes, and on-the-go decision making. In addition to on-court Xs and Os, you'll learn what it takes to establish a successful high school, college, and beach volleyball program. Setting program expectations and tactics, building a positive and winning culture, recruiting the right way, and running camps are all keys to sustained program success shared in The Volleyball Coaching Bible, Volume II. Endorsed by the AVCA and edited by volleyball coaching legend Cecile Reynaud, The Volleyball Coaching Bible, Volume II covers the entire court in describing and coaching the nuances of the game and shaping a successful program. It's a practical and motivational resource that you'll refer to season after season in your coaching career.

## Book Information

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## Customer Reviews

“The Volleyball Coaching Bible, Volume II, is an absolute must-read for volleyball coaches at all levels, and a wonderful addition to the available current volleyball texts. With the guidance of Cecile Reynaud, one of the most respected and experienced coaches of all time, this comprehensive book provides foundational concepts and expert advice that will surely help any coach become an even better coach.”

• Doug Beal-- Chief Executive Officer USA Volleyball

“As one of Cecile’s former players, I benefited from her innate ability to get the best out of me and my teammates, and she’s done the same with the coaches who have contributed to this outstanding resource. I recommend this book to any volleyball coach who is serious about bringing the best game to the court.”

• Gabrielle Reece-- Proprietor of [www.GabbyandLaird.com](http://www.GabbyandLaird.com), dedicated to healthy living, Women’s Beach Volleyball League (WBVL) and FIVB star, One of Women’s Sports & Fitness magazine’s 20 Most Influential Women in Sports, August 1997, 1997 WBVL world champion, 1997 Florida State University Athletic Hall of Fame inductee, 1994 and 1995 WBVL Offensive Player of the Year

“This is a book for those who love volleyball and for whom sharing that love is as essential as breathing.”

• Kathy DeBoer-- Executive Director American Volleyball Coaches Association

Cecile Reynaud was the head coach of the Florida State University (FSU) volleyball team from 1976 until her retirement from coaching in 2001, compiling an impressive 635 wins in her 26 years at the helm. After her coaching career, Reynaud was a research associate professor at Florida State University, where she taught both graduate and undergraduate classes in the sport management program. During her illustrious coaching career, she won seven conference championships and was twice named Atlantic Coast Conference Coach of the Year (1992, 2000). She was inducted into the FSU Athletic Hall of Fame (2009) and the USA Volleyball Florida Region Hall of Fame (2011). She is a member of the USA Volleyball board of directors and the AVCA board of directors. Reynaud is also a USA Volleyball CAP clinician. Reynaud has served as color analyst for collegiate volleyball matches on Fox Sports Net South, Sunshine Network, and ESPN. She earned her doctorate degree in athletic administration from FSU in 1998. She is a 1975 graduate of Southwest Missouri State University (SMSU), where she enjoyed an exceptional volleyball career and was twice named among the Outstanding College Athletes in America. In 1983, she was inducted into the SMSU Women’s Athletics Hall of Fame. The American Volleyball Coaches Association (AVCA) is dedicated to the advancement of the sport of volleyball with AVCA coaches at the epicenter of leadership, advocacy, and professional development. With a

membership of over 6,400 and counting, the AVCA provides a professional network for those individuals and companies dedicated to enhancing and promoting the sport. Members include collegiate, high school, club, youth, and Olympic coaches as well as volleyball club directors. The AVCA provides education to volleyball coaches, recognition of elite players and coaches, promotion of volleyball competitions throughout the world, and networking opportunities for volleyball products and service providers. The American Volleyball Coaches Association (AVCA) has brought together 20 of the brightest, most successful coaches in the game today to cover topics most critical to serious coaches and to share personal insights and secrets from their hundreds of years of combined coaching experience. Contributing coaches include the following: Ben Bodipo-Memba Chris Catanach Jamie Morrison Shelton Collier John Kessel Charlie Sullivan Becky Schmidt Randy Dagostino Todd Lowery Danalee Corso Salima Rockwell Bill Ferguson Erin Mellinger Wayne Kreklow Erik Sullivan Gylton Da Matta Joe Trinsey Todd Dagenais Bill Neville Jennifer Petrie

Superb compilation. I thought it would be similar to Vol I. I was blown out of the water. The many authors did a great job covering a small aspect of volleyball. Sullivan was terrific on expectations, etc. The chapters on training the various positions were worth their weight in gold. The chapter on statistics was thorough. Some of the chapters, such as recruiting, may not apply to HS and club coaches but were well done. It wasn't what I expected and for that I'm glad, as it was much better the way it was done. Buy it. VBNE1?

The book covers a number of interesting volleyball topics. It provides additional details on the subject matter.

Couldn't put it down. Read it a couple times.

A very practical and useful guide to help all coaches in any high school or club.

good book

This is the second Volleyball Coaching Bible. Unlike the first one, the emphasis of this book is on the more advanced aspects of coaching. Basic skills and concepts of indoor volleyball play had been covered earlier in Volleyball Coaching Bible I. The four main areas of coverage are: Coaching

priorities, Program Building and Management, Positional Training Strategies, and Match Preparation and Strategies. The segregation of subjects is rational and welcomed, as the audience for this book is the advanced beginner to intermediate level coaches. Their knowledge of the game is more advanced and their initial obsession with drill collecting and command and control of the team has subsided. their focus now turns to some more complex and involved topics. The lead off chapter by John Kessel is an excellent way to motivate the coaches. It gives a short history of the sport and it gives the reader a very unique and refreshing view of coaching. The chapter is full of ideas on how to get around limitations, both in terms of resources and in terms of physical space. One excellent characteristic of both Volleyball Coaching Bibles is that the authors are all experienced and credentialed practitioners in the subject that they are speaking to. Chris Catanach, Randy Dagostino, Charlie Sullivan, Shelton Collier, Bill Neville, Salima Rockwell, et. al. are all veteran coaches and administrators well experienced in their respective topic areas. The problem that I had, and the only reason that I did not give the book a five star rating, is that even though the topics are well chosen, each topic constitute wells of significant depth, some are deeper than others but each topic is capable of generating a book by itself. It is very difficult to adequately discuss and inform the audience on every nuance and subtlety associated with every topic. For example, there are already books written on mindsets and on deliberate practices, a short chapter does not do justice to the depth and breadth of some topics. In a manner of speaking, the authors were attempting to facilitate the reader in their task to drink from a fire hydrant: it was an impossibility. Yet, for as impossible a task as the authors were given, the book does introduce the topic to the reader. I hope that the reader is motivated to continue their education beyond this important but incomplete compendium of chapters, to further their coaching education by researching and reading further about some of these topics. In the end, this is a valuable and well intended tome of great amount of coaching knowledge.

Received a copy in exchange for honest review. I began reading this book with absolute zero knowledge about the sport. However, The Volleyball Coaching Bible was quick to make an impression on me, especially since the pages are filled with so much detail and practical information from knowledgeable coaches of the AVCA, from team formation to statistics. Though in general the book is great, it has one major mistake: this should be made into a specific book of volleyball tactics, not short chapters on different subjects since I thought it was not definite enough, personally.

An outstanding guide for coaches and players alike. Integrating all aspects of Volleyball, including

early, high-school, and college play, this guide provides not only lessons, strategies, preparation and organization, but also practical knowledge in mentoring, teamwork, and life in general. In such comprehensive manner, it lives up to its title, though such association of sports with aspects of religion may raise some eyebrows! A must read for anyone serious about Volleyball and team sport. A Goodreads First Reads book received.

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